

SUMMER GROUP CLASS SPECIAL!



Verve Health & Fitness
1100 Wilson Blvd
M755
Arlingotn VA 22209

\$1/class!!

Every Thurs @ 530pm for 8 weeks!

Come and sample our group classes starting June 3rd.

**Boot Camp, Yoga, Spin, Core Workout, Boxing/MMA, Running
Clinic, Nutritional Seminar and more!**

Call ahead to reserve a spot.

Only one block from Rosslyn Metro Station.

703.465.8100 / www.VerveHealthandFitness.com